



1ST INTERNATIONAL PSYCHOGYNAECOLOGY CONFERENCE (IPGC) 2026

25-26 September 2026, India International Center, New Delhi, India



www.iacbt.org
iacbtmembers@gmail.com



CALL FOR ABSTRACTS

1st International Psychogynaecology Conference (IPGC) 2026

25-26 September 2026 | IIC, New Delhi, India



INVITATION

The Indian Association of Cognitive Behaviour Therapy (IACBT) is delighted to invite abstracts for the **1st International Psychogynaecology Conference (IPGC)** centred on the theme "**Integrating Evidence-Based Psychological Approaches into Women's Reproductive and Gynecological Healthcare**" and encourage submissions that contribute to the evolving field of psychogynaecology.



Conference Date: **25-26 September 2026**



Conference Venue: **India International Center, New Delhi, India**

We welcome submissions of original research, clinical innovations, case reports, quality improvement initiatives, systematic reviews, educational projects, and emerging practices that align with the conference theme.

IMPORTANT DATES

- Deadline for Submission: **August 30, 2026.**
- Notification of Acceptance: **September 05, 2026.**
- Full Paper Submission (for edited book with ISBN): **September 22, 2026**

The conference aims to create an international platform for women's reproductive and mental healthcare to foster interdisciplinary collaboration by bringing together psychologists, psychiatrists, obstetricians and gynaecologists, reproductive medicine specialists, counsellors, nurses, researchers, educators, and allied health professionals to advance the integration of evidence-based psychological care into women's reproductive and gynaecological healthcare.

Submit your abstract to: iacbt.ipgc@gmail.com.

Join experts from around the world in shaping the future of psychogynaecology through research, collaboration, and innovation.

We look forward to receiving your abstract and welcoming you to the 1st International Psychogynaecology Conference.



Registration Link: <https://forms.gle/ockDqUg9eY5QniUQ8>



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ABSTRACT THEMES AND SUB-THEMES

Track 1. Psychological Health Across the Female Reproductive Lifespan

Sub-tracks

1. Puberty and psychological health in girls.
2. Menstrual health and emotional wellbeing
3. Pregnancy and postpartum mental health
4. Perimenopause and menopause
5. Psychological Health During Menopause and Healthy Ageing
6. Preventive Mental Health Interventions across the Reproductive Lifespan

Track 2. Evidence-Based Psychological Interventions in Women's Reproductive and Gynecological Health

Sub-tracks

1. Cognitive Behaviour Therapy (CBT)
2. Third-wave CBT approaches (ACT, Mindfulness-Based CBT, DBT)
3. Behavioural medicine and lifestyle interventions
4. Digital and technology-assisted psychological interventions

Track 3. Psychological Management of Gynecological and Reproductive Disorders

Sub-tracks

1. Infertility
2. Pregnancy loss and recurrent miscarriage
3. Endometriosis and chronic pelvic pain
4. Polycystic Ovary Syndrome (PCOS)
5. Menstrual disorders
6. Gynecological cancers and survivorship
7. Pelvic floor disorders and urinary incontinence

Track 4. Psychosexual Health, Trauma and Relationships

Sub-tracks

1. Female sexual dysfunction
2. Sexual pain disorders
3. Body image and self-esteem
4. Trauma-informed reproductive healthcare



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Track 5. Integrating Psychological Care into Women's Healthcare Services

Sub-tracks

1. Collaborative and multidisciplinary models of care
 2. Psychological screening in obstetric and gynecological settings
 3. Communication skills and patient-centred care
 4. Integrated care pathways
 5. Digital health, telepsychology and AI-supported care
 6. Health policy, advocacy and implementation
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Track 6. Clinical Perspectives and Emerging Issues in Psychogynaecology

Sub-tracks

1. Psychoneuroendocrinology and mind-body interactions
2. Stress, sleep and lifestyle in women's reproductive health
3. Psychological aspects of chronic medical conditions affecting women
4. Cultural, social and gender influences on women's health
5. Ethics and shared decision-making in psychogynaecology
6. Innovative clinical practices and future directions



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ABSTRACT SUBMISSION GUIDELINES

1. Eligibility: Abstracts are invited from

- Clinical Psychologists
- Psychiatrists
- Psychotherapists and Counsellors
- Academicians **in psychology, medicine, nursing, public health and allied health sciences.**
- Researchers **in psychology, behavioural sciences, women's health, reproductive medicine or related disciplines.**
- Students from Medical, Psychology, Nursing and Allied Health Sciences.
- Family Medicine Physician
- Gynecologic Oncologist
- Gynecologist
- Internal Medicine Physician
- Maternal-Fetal Medicine Specialist
- Menopause Specialist
- Minimally Invasive Gynecologic Surgeon
- Obstetrician
- Obstetrician-Gynecologist (OB-GYN)
- Pelvic Floor Rehabilitation Specialists
- Reproductive Endocrinologist
- Sexual Medicine Specialist
- Urogynecologist
- Women's Health Physiotherapists
- Public Health Professionals **working in women's health and mental health**
- Social Workers **working in reproductive health, maternal health or psychosocial care**
- Other Allied Health Professionals **whose work aligns with the conference theme**

Submissions should relate to the conference theme and one of the designated scientific tracks.

2. Submission Categories

Authors may submit abstracts under one of the following categories:

- Original Research
 - Clinical Case Report/Case Series
 - Systematic Review or Meta-analysis
-



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3. Presentation Formats

Accepted abstracts may be allocated to one of the following presentation formats:

- Clinical Case Presentation
- Oral Presentation
- Poster Presentation
- Symposia

The Scientific Committee reserves the right to determine the final presentation format.

4. Scientific Tracks

Authors should select one scientific track that best fits their submission.

1. Psychological Health Across the Female Reproductive Lifespan
2. Evidence-Based Psychological Interventions in Women's Reproductive and Gynecological Health
3. Psychological Management of Gynecological and Reproductive Disorders
4. Psychosexual Health, Trauma and Relationships
5. Integrating Psychological Care into Women's Healthcare Services
6. Clinical Perspectives and Emerging Issues in Psychogynaecology

5. Abstract Preparation

Language : Abstracts must be submitted in English.

Word Limit : Maximum **300 words** (excluding title, author names, affiliations and keywords).

Title

- Maximum 25 words.
- Use sentence case.
- Avoid abbreviations where possible.

Authors: Provide:

- Full name of each author
 - Institutional affiliation
 - City, State and Country
 - Email address of the corresponding author
-



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6. Abstract Structure

Original Research

- Background
- Objectives
- Methods
- Results
- Conclusions

Systematic Review

- Background
- Objectives
- Data Sources
- Methods
- Results
- Conclusions

Case Report

- Background
- Case Description
- Psychological Assessment
- Intervention
- Outcome
- Clinical Learning Points

7. Keywords

Provide **3–5 keywords**.

8. Ethical Considerations

Where applicable, authors should indicate:

- Institutional Ethics Committee approval
- Informed consent
- Patient confidentiality maintained
- Compliance with relevant ethical standards

Case reports must not contain identifying patient information.



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9. Abstract Review

All submissions will undergo blinded peer review by the Scientific Committee. Review criteria include:

- Relevance to conference theme
- Scientific merit
- Originality
- Clinical significance
- Methodological quality
- Clarity of writing
- Practical implications for women's reproductive and psychological healthcare

10. Notification of Acceptance

Corresponding authors will receive notification of:

- Acceptance
- Rejection

11. Presenter Responsibilities:

- All authors must register for the conference to be eligible to receive their certificates.
- At least one author must attend the conference to present the accepted paper or poster.

Failure to register by the stipulated deadline may result in withdrawal of the presentation from the scientific programme.

12. Publication:

Accepted abstracts will be published in the Conference Abstract Book.

Selected high-quality papers may be invited for full manuscript submission to a conference-associated journal or edited volume, subject to peer review.

13. Awards:

May be presented in the following categories:

- Best Oral Presentation
- Best Poster Presentation

The decisions of the Awards Committee will be final.



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14. Important Dates

- Abstract Submission Opens: **July 20, 2026**
- Submission Deadline: **August 30, 2026**
- Notification of Acceptance: **September 5, 2026**
- Early Bird Registration Deadline: **September 22, 2026**
- Conference Dates: **September 25-26, 2026**

16. Contact: For scientific queries regarding abstract submission, please contact:

Conference Secretariat –

Email: iacbt.ipgc@gmail.com

Website: www.iacbt.org

We look forward to receiving your contribution and welcoming you to the inaugural International Conference on Psychogynaecology as we advance evidence-based psychological approaches to women's reproductive and gynecological healthcare.



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REGISTRATION FORM

Personal Details

Title: _____ First Name: _____ Last Name: _____

Designation: _____ Age: _____

Clinic / Hospital / Company/Institute: _____

Mailing Address: _____

City: _____ State: _____ Country: _____ Pin code: _____

Mobile No.: _____ E-mail: _____

Accompanying Person (if attending the conference)

Name: _____ Designation: _____ Age: _____

Name: _____ Designation: _____ Age: _____

Registration Date & Fee

Category	Early Bird (till 15 August 2026)			Regular (from 16 August 2026 onwards)			Accompany Person
	Student (UG/PG)	Delegate (Non-Clinical & Clinical)	Corporate (Pharma/ Medical/Tech)	Students (UG/PG)	Delegates (Non-Clinical & Clinical)	Corporate (Pharma/ Medical/Tech)	
International	\$ 30	\$ 50	\$ 80	\$ 35	\$ 55	\$ 100 each	\$40
India	₹ 2,500	₹ 4,000	₹ 8,000	₹ 3,500	₹ 5,500	₹ 10,000	₹ 4,000

Terms and Conditions

- Registration fee includes taxes and conference kit, access to sessions, lunches, snacks, tea, coffee during the conference.
- Students are required to produce a valid identity card/certificate from their supervisor/institution to qualify for registration under 'student category'.
- Registration fee is non-refundable.
- Online Registration form, [\[click here\]](#)

Payment Details

Registration fee can be paid through NEFT or UPI, bank details and QR is given below to initiate transfer. Additionally, you can make payment through Demand Draft, should be in favour of "IACBT" payable at New Delhi and should be sent to the conference secretariat.

Demand Draft: _____ Issue Date: _____ Name of Bank: _____

Total Amount: _____ Amount in Words: _____

Account Name:	IACBT (Indian Association of Cognitive Behaviour Therapy)	
A/C No.:	35617340110	
Bank Name:	State Bank of India	
Branch Address:	AIIMS, Ansari Nagar, New Delhi, India	
IFSC code:	SBI N000 1536	

Please send us the copy of transaction slip