

The Organising Committee of ICCBI 2018 invites mental health and allied professionals, practitioners, researchers, academicians and students to contribute symposia, scientific papers and posters related to the Conference Theme '*The rising burden of Psycho-social distress: need for Trans-disciplinary CBT Interventions*' and related sub-themes.

### CONFERENCE THEME & SUB-THEMES

The Conference Theme is '**the rising burden of Psycho-Social distress: need for Trans-disciplinary CBT Interventions**' and the related sub-themes are:

- ❖ CB approaches to health and fitness.
- ❖ CB interventions for life style diseases.
- ❖ CB strategies for early mental health intervention across the lifespan.
- ❖ Resilience focused and positive CB approaches.
- ❖ CB applications in primary care.
- ❖ Trans-diagnostic CBT.
- ❖ Culturally adapted CB models.
- ❖ Abuse, Trauma and Disaster focussed CB Interventions.
- ❖ Family and community focussed CB models.
- ❖ Integrating Cognitive Science and Neuro-science Research with CBT.
- ❖ Innovative CB interventions.
- ❖ CB interventions for work place stress and work-life balance.
- ❖ CB interventions for enhancing nature-friendly behaviours.
- ❖ CB interventions for mental illness and psychological problems
- ❖ CB models for suicide prevention.
- ❖ CB approaches for managing anger and aggression.
- ❖ CB approaches for promoting school safety & health.
- ❖ CB strategies for promoting healthy eating behaviour.
- ❖ Innovations in CB training & supervision.
- ❖ Technology-based CB applications..
- ❖ CB counseling intervention models.
- ❖ CB interventions for behavioural addiction and substance abuse
- ❖ CB intervention models for criminality and delinquency.
- ❖ CBT based health behaviour change approaches.

Abstracts of up to 300 words in standard format to be submitted through the IACBT website [www.iacbt.org](http://www.iacbt.org). The Last date for submission is 30<sup>th</sup> June, 2018. Authors of selected abstracts will be intimated to submit their full paper latest by 30<sup>th</sup> July, 2018. All the accepted full papers will be published in a Journal or an edited book by a reputed publisher.

### IMPORTANT DATES:

Abstract Submission deadline	30 <sup>th</sup> June 2018
Acceptance Notification deadline	15 <sup>th</sup> July 2018
Full paper submission deadline	30 <sup>th</sup> July 2018
Early Bird Registration deadline	up to 31st July 2018