

3rd INTERNATIONAL CONFERENCE ON COGNITIVE BEHAVIOURAL INTERVENTIONS – ICCBI 2018

“A Mega-Health event”

(25th to 29th September 2018)

Organised By: INDIAN ASSOCIATION FOR COGNITIVE BEHAVIOUR THERAPY (IACBT)

And: FACULTY OF BEHAVIOURAL SCIENCES, SGT UNIVERSITY, GURUGRAM

About the IACBT:

The Indian Association for Cognitive Behavior Therapy (IACBT) was established in January 2016 as a unique and much-needed platform for students, professionals and the consumers of mental health services which aims to work towards the achievement of evidence-based Practice, Research and Supervised Training in CBT in India.

It also aims to take up initiatives for realization and incorporation of the indigenous fund of knowledge that exists in this great Country. The IACBT is committed to work towards the establishment of a ‘network’ of trained CBT experts in India and also endeavor to play a strategic role in networking with CBT professionals all over the world. The Association also aims towards the dissemination of indigenous adaptations of the CT model worldwide through its membership with the Asian CBT Association (ACBTA) based in South Korea and the International Association of Cognitive Psychotherapy (IACP) based in New York, USA.

About Faculty of Behavioral Sciences, SGT University:

Faculty of Behavioral Sciences (FBS) was established in 2014. The department embraces a participatory, experiential, discursive and student-centric practices in its teaching-learning endeavors. A visible strength of the department is field training, project work and use of student centric teaching strategies followed by regular counseling session under mentor-mentee system. Currently, the department has three batches of B.Sc. Clinical Psychology; two batches of M.Sc.

Clinical Psychology; one batch of M.Phil (RCI approved) Clinical Psychology; and nine Ph.D. scholars.

Vision Statement: To produce best Clinical Psychologists for the Nation and global communities; to make significant contributions to the science and practice of psychology in real-life situations; and to produce professionals with sound ethical, legal and moral values.

About ICCBI 2018:

The IACBT has organized two earlier conferences on Cognitive Behavioural Interventions – in 2015 and 2017 at the All India Institute of Medical Sciences, New Delhi which were highly successful. The events were graced by a host of National and International experts, delegates as well as VIPs. In 2018, it is indeed an honor for the Association to be able to host the 3rd Conference with SGT University, an institution which is potentially on way to becoming one of the top ones in the country and abroad.

The ICCBI 2018 is being organized with the theme **“The rising burden of Psycho-social distress: Need for Trans-disciplinary CBT Interventions”**. The Conference objectives are:

- ❖ To establish linkages between social, mental and physical components of health through CB interventions.
- ❖ To address the rising burden of psycho-social distress in society through new and adapted Cognitive behavioral trans-disciplinary models and novel intervention techniques.
- ❖ To address the influence of organizational behavior and environmental problems on the health and well-being of individuals through CB interventions.
- ❖ To encourage meaningful deliberation and networking between National and International stakeholders related to the issue.
- ❖ To generate high-quality research ideas towards developing Trans-disciplinary CB models.
- ❖ To provide an opportunity for high-quality training for students and faculty.
- ❖ To advocate the prevention and early intervention for illness and distress in the larger context of family, community and society.

ICCBI 2018 ORGANISING COMMITTEE:

Chairperson	Prof. (Dr.) Waheeda Khan, Dean, FBS, SGTU
Co-Chairperson	Prof. (Dr.) Rajbir Singh Hooda, Additional dean, FBS, SGTU
Convenor	Dr Nimisha Kumar, President IACBT & Associate Professor, FBS, SGTU
Co-Convenors	Dr. G.S. Kaloiya, Vice-President, IACBT & Associate Prof., NDDTC, AIIMS, Dr Sujata Satapathy, Secretary General, IACBT & Associate Prof., AIIMS, New Delhi Dr. Mustafa N. Kirmani, Associate Prof. & Head, Dept. of Clinical Psychology, SGTU Dr Vivek Kumar Jha, Associate Prof. & Head, Dept. of ASLP
Organising Secretary	Dr. Nudrat Jahan, Assistant Prof., FBS, SGTU Dr. Shivani Sahdev, Assistant Prof., FBS, SGTU
Scientific Committee	Prof. (Dr.) Waheeda Khan, Prof. (Dr.) Rajbir Singh Hooda, Dr. N.K. Chandel, Dr Nimisha Kumar, Dr Ritu Sharma Dr Lokesh Gupta
Committee Members SGTU	Mr. Vedprakash Maurya, Ms. Sayma Jameel, Mrs. Shreyasi Vashishtha, Mrs. Srishti B. Lall
Committee Members IACBT	Dr. Parul Gupta, Ms. Namita Kaith, Ms. Purnima Sahai